

# Referral Resources for Newcomers to Canada

## Citizenship & Permanent Residency

### [Canadian Citizenship Application](#)

The application package for applying for Canadian citizenship includes an application form, photo specifications, residence form, a representative form, and an instruction guide. This application is for permanent residents, 18 years or older, who want to apply for Canadian citizenship.

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## Language Assessment Tests

### [Canadian English Language Proficiency Index Program \(CELPIP\)](#)

This is a language assessment test recognized by Citizenship and Immigration Canada for those seeking permanent residency or citizenship.

### [International English Language Testing System \(IELTS\)](#)

This is another language assessment test immigrants can use to become a permanent resident or citizen. It is designed to assess the language ability of people who aim to study, work, immigrate and integrate into an English-speaking environment.

Practice tests for the IELTS are available here:

<http://ieltsforfree.com/free-ielts-practice-tests>

[http://www.ielts.org/test\\_takers\\_information/test\\_sample.aspx](http://www.ielts.org/test_takers_information/test_sample.aspx)

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### [Permanent Residency Application & Renewal Form](#)

The application package includes a document checklist, application to sponsor, sponsorship evaluation, generic application form, additional dependants declaration, additional family information, spouse/common law partner questionnaire, use of representative information and an instruction guide.

Use this application package if:

- You are the spouse or common-law partner of a Canadian citizen or permanent resident
- You want to apply for permanent residence and
- Both you and the sponsor live in Canada.

[These forms relate to replacing or renewing a permanent residence card.](#)

You can apply for another permanent residence card if your card:

- Has expired or expires soon
- Has been lost or stolen
- Has been destroyed

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### Study Help for Canadian Citizenship

<http://www.v-soul.com/onlinetest/>

This is a free Canadian Citizenship practice test based on questions from the actual test paper. Lethbridge Public Library's Read On program recommends this as the practice that is closest to the actual test.

<http://www.yourlibrary.ca/citizenship/>

Created by the Richmond Public Library this practice test includes over 100 multiple choice questions taken from the book *Discover Canada* on which the actual test is based.

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### Government Information

[Directory of Services Provided by Government of Alberta](#)

Directory includes programs, financial resources, forms, publications, licensing and registration information (including driver's license information), legislation, and online services.

[Government of Canada: For New Immigrants](#)

Resources gathered together by the Government of Canada for new Canadians.

Resources include application for permanent resident card, application for citizen information, health care, housing, financial, and schooling information, and school enrollment information.

### [Government of Canada: Living in Canada](#)

This resource asks a few simple questions and then creates a personalized information sheet for helping the individual settle in Canada including links to necessary information and forms.

### [Government of Canada: Welcome to Canada Package](#)

You can download the welcome to Canada booklet created by Citizenship and Immigration Canada here. The manual has comprehensive information for new Canadians.

### [New To Canada](#)

A government created directory with a wide assortment of information & resources including immigration programs, employment, relocation & settlement services, and community forums.

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## Health Care

### [Alberta Health Link](#)

Alberta Health Link is a free 24/7 toll free number that connects you to a registered nurse. They will ask questions, assess symptoms and determine the best care for you.

Health Link support is offered in 200 different languages.

Call Health Link by dialing **811**.

### [Alberta Health Services](#)

Lethbridge & Taber, Alberta

Alberta Health Services employs two Low German Interpreters who work as community health representatives in Southern Alberta. They provide health care resources for the Low German population (including Mexican Mennonites) and translation services.

Contacts:

Tina Fielding (Lethbridge Health Unit)  
[tina.fielding@albertahealthservices.ca](mailto:tina.fielding@albertahealthservices.ca)

403-399-6671

Trudy Dyck  
[trudy.dyck@albertahealthservices.ca](mailto:trudy.dyck@albertahealthservices.ca)  
403-330-7552

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## Language Learning

### Cardston & District Community Adult Learning Programs

Offers community courses and adult learning opportunities.

Contact:

Kathy Richards  
[Kathy.Richards@westwind.ab.ca](mailto:Kathy.Richards@westwind.ab.ca)  
403-653-4991

### Community Adult Learning Programs

Government of Alberta Online Directory

The Government of Alberta maintains a directory of community adult learning providers. You can search the directory by organization name or city/town. The organizations listed provided part-time, non-formal adult learning opportunities.

### County of Lethbridge Community Learning Council

Coaldale, Alberta

The Community Learning Council offers Literacy Programs to assist adult learners with their individual goals in improving reading, writing, and communication skills through a volunteer one-on-one tutoring program. They also offer a variety of community classes with an emphasis on lifelong learning, community awareness, and foundational skills.

Contact: 403-345-6009

### Crowsnest Pass Adult Education Association

The association provides a variety of programs including career and employment planning, arts, community services, computer courses, first aid, law foundation, literacy courses, and safety courses.

Contact: 403-563-8516

### Flexibility Learning Systems

Lethbridge, Alberta

Flexibility Learning Systems is an English as a Second Language school located in downtown Lethbridge, Alberta. They offer year-round, day or evening, full or part time, language learning classes. Intake is continuous and new students can start every Monday.

They also house an ESL Employment Centre with information on how to find a job, get work experience, assess credentials, and write resumes.

Contact: 403-320-2057 or [flexlearning@shaw.ca](mailto:flexlearning@shaw.ca)

### Southern Alberta Language Assessment Services Ltd. (SALAS)

Lethbridge, Alberta

Provides language assessment services and assistance in job finding.

Contact: 403-328-4811 or [salasLtd@telus.net](mailto:salasLtd@telus.net)

### Lethbridge College: English as a Second Language (ESL)

Lethbridge, Alberta

The English Language Centre offers year-round part-time or full-time study opportunities. All of the four major communicative skills – listening, speaking, reading and writing – are practiced. The Centre offers classes for all levels, small classes, four intensive classes per day with an emphasis on oral communication, cross-cultural studies, field trips and activities, preparation for entry into other college programs, and academic and career counselling.

Contact: 1-800-572-0103 ext. 7223 or [esl@lethbridgecollege.ca](mailto:esl@lethbridgecollege.ca)

[Lethbridge Public Library: Read On](#)

Lethbridge, Alberta

Read On offers resources and help to newcomers as well as opportunities to practice English, make social connections and get advice on settling into a new community.

Read On offers one-on-one tutoring to adults who are residents of Alberta. A variety of classes are also offered and priority is given to Canadians and Permanent Residents but Temporary Foreign Workers may be eligible to join classes space permitting.

Contacts:

[Lil Radley](#)

403-380-7323

[Beth Entz](#)

403-320-4977

[Margaret Lyster](#)

403-320-3133

[Pincher Creek Community Adult Learning Council](#)

Pincher Creek, Alberta

The council promotes and facilitates opportunities for life-long learning including guidance with the GED, literacy, ESL, funding, post-secondary education, degrees by distance, tutoring, and more.

Contact: 403-627-4478

[Rainbow Literacy Society](#)

Vulcan, Alberta

The society provides tutoring for adult literacy and family literacy. The society also holds events and provides resources and literary tips for parents.

Contact: 403-485-3107 or [info@rainbowliteracy.com](mailto:info@rainbowliteracy.com)

### Taber & District Community Adult Learning Association

Taber, Alberta

The association offers adult tutoring, an ESL drop in centre, family classes, senior's programs, family literacy services, citizenship learning classes, and resume assistance. Classes are also held in **Vauxhall and Grassy Lake**.

Contact: 403-223-1169 or [registration@taberadultlearning.com](mailto:registration@taberadultlearning.com)

### Vulcan County Adult Learning Council

Vulcan, Alberta

The council provides courses in health and fitness, general interest, computers, Lethbridge college courses, English language learners courses (ELL), agriculture and environment, employment and safety, legal and business, and web 2.0 (social media & online tools).

Contact: 403-485-3107 or [info@rainbowliteracy.com](mailto:info@rainbowliteracy.com)

### Warner Further Education

Warner, Alberta

The County of Warner Further Education Council is a non-profit organization offering courses at various locations throughout the county including **Coutts, Milk River, New Dayton, Raymond, Stirling, Warner, and Wrentham**.

Contact: 403-642-8607 or [furthered@gmail.com](mailto:furthered@gmail.com)

### Willow Creek Community Adult Learning Society

Fort Macleod, Alberta

The society offers adult literacy programs in **Claresholm, Nanton, and Fort Macleod**. Adult Literacy programs include Introduction to Blackfoot and English as a Second Language. Free family literacy programs include Book for Babies, Family Rhyme Time, Mother Goose Rhymes, Sing and Play, Parent Workshops, and PAL (Partners Approach to Literacy).

Contact:

Claresholm: 403-625-4168

Fort Macleod: 403-553-4106 or [office@willowcreeklearning.ca](mailto:office@willowcreeklearning.ca)

Nanton: 403-652-9533 or [marie.schooten@telus.net](mailto:marie.schooten@telus.net)

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## Research & Best Practices

### [Pathways to Prosperity: Canada](#)

Pathways to Prosperity is an alliance of university, community, and government partners dedicated to fostering welcoming communities and promoting the integration of immigrants and minorities across Canada.

The website includes a series of Best Practices toolkits for communities and a digital library of information including reports, presentations, and conference material.

### [Alberta Association of Immigrant Serving Agencies](#)

AAISA is an umbrella organization for Newcomer Serving Agencies in Alberta. Their southern Alberta member agency is [Lethbridge Family Services: Immigrant Services](#).

There website provides a list of province wide member agencies. Services and programs provided by them are outlined as well. AAISA produces an annual report on the programs, activities, and achievements.

The website also includes a digital research library that includes links to useful information for new Canadians, and AAISA research publications.

Contact: 403-273-2962 (Calgary) or [contact@aaisa.ca](mailto:contact@aaisa.ca)



## Settlement Support

### [Government of Alberta: Child Care Subsidy](#)

Includes information on child care subsidy including subsidy rates, application requirements, resources for parents, and necessary forms including the application for child care subsidy.

### [Lethbridge Family Services: Immigrant Services](#)

Lethbridge, Alberta

Immigrant Services is a not-for-profit department of Lethbridge Family Services and is devoted to helping recently immigrated newcomers settle into the community.

Services include: Community engagement projects, conversation circles, immigrant achievement awards, interpretation and translation services, resettlement assistance for refugees, school based support, temporary foreign worker support, and youth empowerment.

Contact: 403-327-5724

### [Mennonite Central Committee: Low German Services](#)

Taber, Alberta

Services for Newcomers (previously known as Low German Mennonite Services) has been in operation in Southern Alberta for over a decade working with Low German Mennonites (including Mexican Mennonites). The office in Taber assists with settlement issues as well as issues related to better employment, education, and mental health. The program is also starting to expand to work with newcomers of all kinds in the Taber area.

Contact: 403-223-4144

Created: September 11, 2015

Last Updated: February 23, 2018